

SUNDAY

Reading I

[Dt 26:4-10](#)

Moses spoke to the people, saying:

“The priest shall receive the basket from you and shall set it in front of the altar of the LORD, your God.

Then you shall declare before the Lord, your God, ‘My father was a wandering Aramean who went down to Egypt with a small household and lived there as an alien.

But there he became a nation great, strong, and numerous.

When the Egyptians maltreated and oppressed us, imposing hard labor upon us,

we cried to the LORD, the God of our fathers, and he heard our cry

and saw our affliction, our toil, and our oppression.

He brought us out of Egypt

with his strong hand and outstretched arm,

with terrifying power, with signs and wonders;

and bringing us into this country,

he gave us this land flowing with milk and honey.

Therefore, I have now brought you the firstfruits of the products of the soil

which you, O LORD, have given me.’

And having set them before the Lord, your God, you shall bow down in his presence.”

Responsorial Psalm

[Ps 91:1-2, 10-11, 12-13, 14-15.](#)

(cf. 15b) **Be with me, Lord, when I am in trouble.**

You who dwell in the shelter of the Most High, who abide in the shadow of the Almighty, say to the LORD, “My refuge and fortress, my God in whom I trust.”

Be with me, Lord, when I am in trouble.

No evil shall befall you,

nor shall affliction come near your tent,

For to his angels he has given command about you, that they guard you in all your ways.

Be with me, Lord, when I am in trouble.

Upon their hands they shall bear you up, lest you dash your foot against a stone.

You shall tread upon the asp and the viper;

you shall trample down the lion and the dragon.

Be with me, Lord, when I am in trouble.

Because he clings to me, I will deliver him;

I will set him on high because he acknowledges my name.

He shall call upon me, and I will answer him;

I will be with him in distress;

I will deliver him and glorify him.

Be with me, Lord, when I am in trouble.

reading II

[Rom 10:8-13](#)

Brothers and sisters:

What does Scripture say?

The word is near you,

in your mouth and in your heart

—that is, the word of faith that we preach—,

for, if you confess with your mouth that Jesus is Lord

and believe in your heart that God raised him from the dead,

you will be saved.

For one believes with the heart and so is justified, and one confesses with the mouth and so is saved.

For the Scripture says,

No one who believes in him will be put to shame.

For there is no distinction between Jew and Greek; the same Lord is Lord of all,

enriching all who call upon him.

For “everyone who calls on the name of the Lord will be saved.”

Gospel

[Lk 4:1-13](#)

Filled with the Holy Spirit, Jesus returned from the Jordan

and was led by the Spirit into the desert for forty days,

to be tempted by the devil.

He ate nothing during those days,

and when they were over he was hungry.

The devil said to him,

“If you are the Son of God, command this stone to become bread.”

Jesus answered him,

“It is written, *One does not live on bread alone.*”

Then he took him up and showed him all the kingdoms of the world in a single instant.

The devil said to him,

“I shall give to you all this power and glory;

for it has been handed over to me,

and I may give it to whomever I wish.

All this will be yours, if you worship me.”

Jesus said to him in reply,

“It is written:

You shall worship the Lord, your God, and him alone shall you serve.”

Then he led him to Jerusalem,

made him stand on the parapet of the temple, and said to him,

“If you are the Son of God,
throw yourself down from here, for it is written:
*He will command his angels concerning you, to
guard you,*
and:
*With their hands they will support you,
lest you dash your foot against a stone.*”
Jesus said to him in reply,
“It also says,
You shall not put the Lord, your God, to the test.”
When the devil had finished every temptation, he
departed from him for a time.

MONDAY
Reading I
[1 Pt 5:1-4](#)

Beloved:
I exhort the presbyters among you,
as a fellow presbyter and witness to the sufferings
of Christ
and one who has a share in the glory to be revealed.
Tend the flock of God in your midst,
overseeing not by constraint but willingly,
as God would have it, not for shameful profit but
eagerly.
Do not lord it over those assigned to you,
but be examples to the flock.
And when the chief Shepherd is revealed,
you will receive the unfading crown of glory.

Responsorial Psalm

[23:1-3a, 4, 5, 6](#)

R. (1) **The Lord is my shepherd; there is nothing
I shall want.**

The Lord is my shepherd; I shall not want.
In verdant pastures he gives me repose;
Beside restful waters he leads me;
he refreshes my soul.

R. **The Lord is my shepherd; there is nothing I
shall want.**

Even though I walk in the dark valley
I fear no evil; for you are at my side
With your rod and your staff
that give me courage.

R. **The Lord is my shepherd; there is nothing I
shall want.**

You spread the table before me
in the sight of my foes;
You anoint my head with oil;

my cup overflows.

R. **The Lord is my shepherd; there is nothing I
shall want.**

Only goodness and kindness follow me
all the days of my life;
And I shall dwell in the house of the Lord
for years to come.

R. **The Lord is my shepherd; there is nothing I
shall want.**

Gospel

[Mt 16:13-19](#)

When Jesus went into the region of Caesarea
Philippi
he asked his disciples,
“Who do people say that the Son of Man is?”
They replied, “Some say John the Baptist, others
Elijah,
still others Jeremiah or one of the prophets.”
He said to them, “But who do you say that I am?”
Simon Peter said in reply,
“You are the Christ, the Son of the living God.”
Jesus said to him in reply, “Blessed are you, Simon
son of Jonah.
For flesh and blood has not revealed this to you, but
my heavenly Father.
And so I say to you, you are Peter,
and upon this rock I will build my Church,
and the gates of the netherworld shall not prevail
against it.
I will give you the keys to the Kingdom of heaven.
Whatever you bind on earth shall be bound in
heaven; and whatever you loose on earth shall be
loosed in heaven.”

TUESDAY

Reading I

[Is 55:10-11](#)

Thus says the LORD:
Just as from the heavens
the rain and snow come down
And do not return there
till they have watered the earth,
making it fertile and fruitful,
Giving seed to the one who sows
and bread to the one who eats,
So shall my word be
that goes forth from my mouth;
It shall not return to me void,
but shall do my will,
achieving the end for which I sent it.

Responsorial Psalm

[34:4-5, 6-7, 16-17, 18-19](#)

R. (18b) **From all their distress God rescues the just.**

Glorify the LORD with me,
let us together extol his name.
I sought the LORD, and he answered me
and delivered me from all my fears.

R. **From all their distress God rescues the just.**

Look to him that you may be radiant with joy,
and your faces may not blush with shame.
When the poor one called out, the LORD heard,
and from all his distress he saved him.

R. **From all their distress God rescues the just.**

The LORD has eyes for the just,
and ears for their cry.
The LORD confronts the evildoers,
to destroy remembrance of them from the earth.

R. **From all their distress God rescues the just.**

When the just cry out, the LORD hears them,
and from all their distress he rescues them.
The LORD is close to the brokenhearted;
and those who are crushed in spirit he saves.

R. **From all their distress God rescues the just.**

Gospel

[Mt 6:7-15](#)

Jesus said to his disciples:

“In praying, do not babble like the pagans,
who think that they will be heard because of their
many words.

Do not be like them.

Your Father knows what you need before you ask
him.

“This is how you are to pray:

Our Father who art in heaven,
hallowed be thy name,
thy Kingdom come,
thy will be done,
on earth as it is in heaven.

Give us this day our daily bread;
and forgive us our trespasses,
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil.

“If you forgive men their transgressions,
your heavenly Father will forgive you.

But if you do not forgive men,
neither will your Father forgive your
transgressions.”

WEDNESDAY

Reading I

[Jon 3:1-10](#)

The word of the LORD came to Jonah a second
time:

“Set out for the great city of Nineveh,
and announce to it the message that I will tell you.”

So Jonah made ready and went to Nineveh,
according to the LORD’s bidding.

Now Nineveh was an enormously large city;
it took three days to go through it.

Jonah began his journey through the city,
and had gone but a single day’s walk announcing,
“Forty days more and Nineveh shall be destroyed,”

when the people of Nineveh believed God;
they proclaimed a fast

and all of them, great and small, put on sackcloth.

When the news reached the king of Nineveh,
he rose from his throne, laid aside his robe,
covered himself with sackcloth, and sat in the ashes.

Then he had this proclaimed throughout Nineveh,
by decree of the king and his nobles:

“Neither man nor beast, neither cattle nor sheep,
shall taste anything;

they shall not eat, nor shall they drink water.

Man and beast shall be covered with sackcloth and
call loudly to God;

every man shall turn from his evil way
and from the violence he has in hand.

Who knows, God may relent and forgive, and
withhold his blazing wrath,
so that we shall not perish.”

When God saw by their actions how they turned
from their evil way,

he repented of the evil that he had threatened to do
to them;

he did not carry it out.

Responsorial Psalm

[51:3-4, 12-13, 18-19](#)

R. (19b) **A heart contrite and humbled, O God,
you will not spurn.**

Have mercy on me, O God, in your goodness;
in the greatness of your compassion wipe out my
offense.

Thoroughly wash me from my guilt
and of my sin cleanse me.

R. **A heart contrite and humbled, O God, you
will not spurn.**

A clean heart create for me, O God,

and a steadfast spirit renew within me.
Cast me not out from your presence,
and your Holy Spirit take not from me.

R. A heart contrite and humbled, O God, you will not spurn.

For you are not pleased with sacrifices;
should I offer a burnt offering, you would not accept it.

My sacrifice, O God, is a contrite spirit;
a heart contrite and humbled, O God, you will not spurn.

R. A heart contrite and humbled, O God, you will not spurn.

Gospel

[Lk 11:29-32](#)

While still more people gathered in the crowd, Jesus said to them,

“This generation is an evil generation;
it seeks a sign, but no sign will be given it,
except the sign of Jonah.

Just as Jonah became a sign to the Ninevites,
so will the Son of Man be to this generation.

At the judgment
the queen of the south will rise with the men of this generation
and she will condemn them,
because she came from the ends of the earth
to hear the wisdom of Solomon,
and there is something greater than Solomon here.
At the judgment the men of Nineveh will arise with this generation
and condemn it,
because at the preaching of Jonah they repented,
and there is something greater than Jonah here.”

THURSDAY

Reading I

[Est C:12, 14-16, 23-25](#)

Queen Esther, seized with mortal anguish,
had recourse to the LORD.
She lay prostrate upon the ground, together with her handmaids,
from morning until evening, and said:
“God of Abraham, God of Isaac, and God of Jacob,
blessed are you.

Help me, who am alone and have no help but you,
for I am taking my life in my hand.
As a child I used to hear from the books of my forefathers
that you, O LORD, always free those who are

pleasing to you.

Now help me, who am alone and have no one but you,

O LORD, my God.

“And now, come to help me, an orphan.

Put in my mouth persuasive words in the presence of the lion

and turn his heart to hatred for our enemy,
so that he and those who are in league with him may perish.

Save us from the hand of our enemies;
turn our mourning into gladness
and our sorrows into wholeness.”

Responsorial Psalm

[138:1-2ab, 2cde-3, 7c-8](#)

R. (3a) Lord, on the day I called for help, you answered me.

I will give thanks to you, O LORD, with all my heart,
for you have heard the words of my mouth;
in the presence of the angels I will sing your praise;
I will worship at your holy temple
and give thanks to your name.

R. Lord, on the day I called for help, you answered me.

Because of your kindness and your truth;
for you have made great above all things
your name and your promise.

When I called, you answered me;
you built up strength within me.

R. Lord, on the day I called for help, you answered me.

Your right hand saves me.

The LORD will complete what he has done for me;
your kindness, O LORD, endures forever;
forsake not the work of your hands.

R. Lord, on the day I called for help, you answered me.

Gospel

[Mt 7:7-12](#)

Jesus said to his disciples:

“Ask and it will be given to you;
seek and you will find;
knock and the door will be opened to you.
For everyone who asks, receives; and the one who seeks, finds;
and to the one who knocks, the door will be opened.
Which one of you would hand his son a stone
when he asked for a loaf of bread,
or a snake when he asked for a fish?
If you then, who are wicked,

know how to give good gifts to your children,
how much more will your heavenly Father give
good things
to those who ask him.
“Do to others whatever you would have them do to
you.
This is the law and the prophets.”

FRIDAY

Reading I

[Ez 18:21-28](#)

Thus says the Lord GOD:

If the wicked man turns away from all the sins he
committed,
if he keeps all my statutes and does what is right
and just,
he shall surely live, he shall not die.
None of the crimes he committed shall be
remembered against him;
he shall live because of the virtue he has practiced.
Do I indeed derive any pleasure from the death of
the wicked?
says the Lord GOD.

Do I not rather rejoice when he turns from his evil
way
that he may live?

And if the virtuous man turns from the path of
virtue to do evil,
the same kind of abominable things that the wicked
man does,
can he do this and still live?

None of his virtuous deeds shall be remembered,
because he has broken faith and committed sin;
because of this, he shall die.

You say, “The LORD’s way is not fair!”

Hear now, house of Israel:

Is it my way that is unfair, or rather, are not your
ways unfair?

When someone virtuous turns away from virtue to
commit iniquity, and dies,
it is because of the iniquity he committed that he
must die.

But if the wicked, turning from the wickedness he
has committed,
does what is right and just,
he shall preserve his life;
since he has turned away from all the sins that he
committed,
he shall surely live, he shall not die.

Responsorial Psalm

[130:1-2, 3-4, 5-7a, 7bc-8](#)

R. (3) If you, O Lord, mark iniquities, who can stand?

Out of the depths I cry to you, O LORD;
LORD, hear my voice!

Let your ears be attentive
to my voice in supplication.

R. If you, O Lord, mark iniquities, who can stand?

If you, O LORD, mark iniquities,
LORD, who can stand?

But with you is forgiveness,
that you may be revered.

R. If you, O Lord, mark iniquities, who can stand?

I trust in the LORD;
my soul trusts in his word.
My soul waits for the LORD
more than sentinels wait for the dawn.
Let Israel wait for the LORD.

R. If you, O Lord, mark iniquities, who can stand?

For with the LORD is kindness
and with him is plenteous redemption;
And he will redeem Israel
from all their iniquities.

R. If you, O Lord, mark iniquities, who can stand?

Gospel

[Mt 5:20-26](#)

Jesus said to his disciples:

“I tell you,
unless your righteousness surpasses that
of the scribes and Pharisees,
you will not enter into the Kingdom of heaven.
“You have heard that it was said to your ancestors,
You shall not kill; and whoever kills will be liable to judgment.

But I say to you, whoever is angry with his brother
will be liable to judgment,
and whoever says to his brother, *Raqa*,
will be answerable to the Sanhedrin,
and whoever says, ‘You fool,’ will be liable to fiery
Gehenna.

Therefore, if you bring your gift to the altar,
and there recall that your brother
has anything against you,
leave your gift there at the altar,
go first and be reconciled with your brother,
and then come and offer your gift.

Settle with your opponent quickly while on the way
to court.

Otherwise your opponent will hand you over to the judge,
and the judge will hand you over to the guard,
and you will be thrown into prison.
Amen, I say to you,
you will not be released until you have paid the last penny.”

SATURDAY

Reading I

[Dt 26:16-19](#)

Moses spoke to the people, saying:
“This day the LORD, your God,
commands you to observe these statutes and decrees.
Be careful, then,
to observe them with all your heart and with all your soul.
Today you are making this agreement with the LORD:
he is to be your God and you are to walk in his ways
and observe his statutes, commandments and decrees,
and to hearken to his voice.
And today the LORD is making this agreement with you:
you are to be a people peculiarly his own, as he promised you;
and provided you keep all his commandments,
he will then raise you high in praise and renown and glory
above all other nations he has made,
and you will be a people sacred to the LORD, your God,
as he promised.”

Responsorial Psalm

[119:1-2, 4-5, 7-8](#)

R. (1b) Blessed are they who follow the law of the Lord!

Blessed are they whose way is blameless,
who walk in the law of the LORD.
Blessed are they who observe his decrees,
who seek him with all their heart.

R. Blessed are they who follow the law of the Lord!

You have commanded that your precepts
be diligently kept.
Oh, that I might be firm in the ways

of keeping your statutes!

R. Blessed are they who follow the law of the Lord!

I will give you thanks with an upright heart,
when I have learned your just ordinances.

I will keep your statutes;
do not utterly forsake me.

R. Blessed are they who follow the law of the Lord!

Gospel

[Mt 5:43-48](#)

Jesus said to his disciples:

“You have heard that it was said,

You shall love your neighbor and hate your enemy.

But I say to you, love your enemies,
and pray for those who persecute you,
that you may be children of your heavenly Father,
for he makes his sun rise on the bad and the good,
and causes rain to fall on the just and the unjust.

For if you love those who love you, what
recompense will you have?

Do not the tax collectors do the same?

And if you greet your brothers and sisters only,
what is unusual about that?

Do not the pagans do the same? So be perfect, just
as your heavenly Father is perfect.”
