

Week of February 6, 2011

**SUNDAY**

Reading 1

[Is 58:7-10](#)

Thus says the LORD: Share your bread with the hungry, shelter the oppressed and the homeless; clothe the naked when you see them, and do not turn your back on your own. Then your light shall break forth like the dawn, and your wound shall quickly be healed; your vindication shall go before you, and the glory of the LORD shall be your rear guard. Then you shall call, and the LORD will answer, you shall cry for help, and he will say: Here I am! If you remove from your midst oppression, false accusation and malicious speech; if you bestow your bread on the hungry and satisfy the afflicted; then light shall rise for you in the darkness, and the gloom shall become for you like midday.

[Ps 112:4-5, 6-7, 8-9](#)

Responsorial Psalm

R. (4a) **The just man is a light in darkness to the upright.**

or:

R. **Alleluia.**

Light shines through the darkness for the upright; he is gracious and merciful and just.

Well for the man who is gracious and lends, who conducts his affairs with justice.

R. **The just man is a light in darkness to the upright.**

or:

R. **Alleluia.**

He shall never be moved; the just one shall be in everlasting remembrance.

An evil report he shall not fear;

his heart is firm, trusting in the LORD.

R. **The just man is a light in darkness to the upright.**

or:

R. **Alleluia.**

His heart is steadfast; he shall not fear.

Lavishly he gives to the poor;

His justice shall endure forever;

his horn shall be exalted in glory.

R. **The just man is a light in darkness to the upright.**

or:

R. **Alleluia.**

[1 Cor 2:1-5](#)

Reading 2

When I came to you, brothers and sisters, proclaiming the mystery of God, I did not come with sublimity of words or of wisdom. For I resolved to know nothing while I was with you except Jesus Christ, and him crucified. I came to you in weakness and fear and much trembling, and my message and my proclamation were not with

persuasive words of wisdom, but with a demonstration of Spirit and power, so that your faith might rest not on human wisdom but on the power of God.

[Mt 5:13-16](#)

Gospel

Jesus said to his disciples: "You are the salt of the earth. But if salt loses its taste, with what can it be seasoned? It is no longer good for anything but to be thrown out and trampled underfoot. You are the light of the world. A city set on a mountain cannot be hidden. Nor do they light a lamp and then put it under a bushel basket; it is set on a lampstand, where it gives light to all in the house. Just so, your light must shine before others, that they may see your good deeds and glorify your heavenly Father."

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**MONDAY**

Reading 1

[Gn1:1-19](#)

In the beginning, when God created the heavens and the earth, the earth was a formless wasteland, and darkness covered the abyss, while a mighty wind swept over the waters. Then God said, "Let there be light," and there was light. God saw how good the light was. God then separated the light from the darkness. God called the light "day," and the darkness he called "night." Thus evening came, and morning followed—the first day. Then God said, "Let there be a dome in the middle of the waters, to separate one body of water from the other." And so it happened: God made the dome, and it separated the water above the dome from the water below it. God called the dome "the sky." Evening came, and morning followed—the second day. Then God said, "Let the water under the sky be gathered into a single basin, so that the dry land may appear." And so it happened: the water under the sky was gathered into its basin, and the dry land appeared. God called the dry land "the earth," and the basin of the water he called "the sea." God saw how good it was. Then God said, "Let the earth bring forth vegetation: every kind of plant that bears seed and every kind of fruit tree on earth that bears fruit with its seed in it." And so it happened: the earth brought forth every kind of plant that bears seed and every kind of fruit tree on earth that bears fruit with its seed in it. God saw how good it was. Evening came, and morning followed—the third day. Then God said: "Let there be lights in the dome of the sky, to separate day from night. Let them mark the fixed times, the days and the years, and serve as luminaries in the dome of the sky,

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to shed light upon the earth." And so it happened: God made the two great lights, the greater one to govern the day, and the lesser one to govern the night; and he made the stars. God set them in the dome of the sky, to shed light upon the earth, to govern the day and the night, and to separate the light from the darkness. God saw how good it was. Evening came, and morning followed—the fourth day.

[Ps 104:1-2a, 5-6, 10 and 12, 24 and 35c](#)

Responsorial Psalm

R. (31b) **May the Lord be glad in his works.**

Bless the LORD, O my soul!

O LORD, my God, you are great indeed!  
You are clothed with majesty and glory,  
robed in light as with a cloak.

R. **May the Lord be glad in his works.**

You fixed the earth upon its foundation,  
not to be moved forever;

With the ocean, as with a garment, you covered it;  
above the mountains the waters stood.

R. **May the Lord be glad in his works.**

You send forth springs into the watercourses  
that wind among the mountains.

Beside them the birds of heaven dwell;

from among the branches they send forth their song.

R. **May the Lord be glad in his works.**

How manifold are your works, O LORD!

In wisdom you have wrought them all—  
the earth is full of your creatures;

Bless the LORD, O my soul! Alleluia.

R. **May the Lord be glad in his works.**

[Mk 6:53-56](#)

Gospel

After making the crossing to the other side of the sea, Jesus and his disciples came to land at Gennesaret and tied up there. As they were leaving the boat, people immediately recognized him.

They scurried about the surrounding country and began to bring in the sick on mats to wherever they heard he was. Whatever villages or towns or countryside he entered, they laid the sick in the marketplaces and begged him that they might touch only the tassel on his cloak; and as many as touched it were healed.

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**TUESDAY**

Reading 1

[Gn 1:20-2:4a](#)

God said, "Let the water teem with an abundance of living creatures, and on the earth let birds fly beneath the dome of the sky." And so it happened: God created the great sea monsters and all kinds of swimming creatures with which the water teems, and all kinds of winged birds. God saw how good it was, and God blessed them, saying, "Be fertile, multiply, and fill the water of the seas; and let the birds multiply on the earth." Evening came, and morning followed—the fifth day. Then God said, "Let the earth bring forth all kinds of living creatures: cattle, creeping things, and wild animals of all kinds." And so it happened: God made all kinds of wild animals, all kinds of cattle, and all kinds of creeping things of the earth. God saw how good it was. Then God said: "Let us make man in our image, after our likeness. Let them have dominion over the fish of the sea, the birds of the air, and the cattle, and over all the wild animals and all the creatures that crawl on the ground." God created man in his image; in the divine image he created him; male and female he created them. God blessed them, saying: "Be fertile and multiply; fill the earth and subdue it. Have dominion over the fish of the sea, the birds of the air, and all the living things that move on the earth." God also said: "See, I give you every seed-bearing plant all over the earth and every tree that has seed-bearing fruit on it to be your food; and to all the animals of the land, all the birds of the air, and all the living creatures that crawl on the ground, I give all the green plants for food." And so it happened. God looked at everything he had made, and he found it very good. Evening came, and morning followed—the sixth day. Thus the heavens and the earth and all their array were completed. Since on the seventh day God was finished with the work he had been doing, he rested on the seventh day from all the work he had undertaken. So God blessed the seventh day and made it holy, because on it he rested from all the work he had done in creation. Such is the story of the heavens and the earth at their creation.

[Ps 8:4-5, 6-7, 8-9](#)

Responsorial Psalm

R. (2ab) **O Lord, our God, how wonderful your name in all the earth!**

When I behold your heavens, the work of your fingers,  
the moon and the stars which you set in place—  
What is man that you should be mindful of him,  
or the son of man that you should care for him?

R. **O Lord, our God, how wonderful your name in all the earth!**

You have made him little less than the angels,  
and crowned him with glory and honor.

You have given him rule over the works of your hands,

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putting all things under his feet.

**R. O Lord, our God, how wonderful your name in all the earth!**

All sheep and oxen,  
yes, and the beasts of the field,  
The birds of the air, the fishes of the sea,  
and whatever swims the paths of the seas.

**R. O Lord, our God, how wonderful your name in all the earth!**

[Mk 7:1-13](#)

Gospel

When the Pharisees with some scribes who had come from Jerusalem gathered around Jesus, they observed that some of his disciples ate their meals with unclean, that is, unwashed, hands. (For the Pharisees and, in fact, all Jews, do not eat without carefully washing their hands, keeping the tradition of the elders. And on coming from the marketplace they do not eat without purifying themselves. And there are many other things that they have traditionally observed, the purification of cups and jugs and kettles and beds.) So the Pharisees and scribes questioned him, "Why do your disciples not follow the tradition of the elders but instead eat a meal with unclean hands?" He responded, "Well did Isaiah prophesy about you hypocrites, as it is written:

*This people honors me with their lips, but their hearts are far from me; in vain do they worship me, teaching as doctrines human precepts.*

You disregard God's commandment but cling to human tradition." He went on to say, "How well you have set aside the commandment of God in order to uphold your tradition! For Moses said,

*Honor your father and your mother, and Whoever curses father or mother shall die.*

Yet you say, 'If someone says to father or mother, "Any support you might have had from me is *qorban*"' (meaning, dedicated to God), you allow him to do nothing more for his father or mother. You nullify the word of God in favor of your tradition that you have handed on. And you do many such things."

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**WEDNESDAY**

Reading 1

[Gn 2:4b-9, 15-17](#)

At the time when the LORD God made the earth and the heavens while as yet there was no field shrub on earth and no grass of the field had sprouted, for the LORD God had sent no rain upon the earth and there was no man to till the soil, but a stream was welling up out of the earth and was watering all the surface of the ground the LORD God formed man out of the clay of the ground and blew into his nostrils the breath of life, and so man became a living being. Then the LORD God planted a garden in Eden, in the east, and he placed there the man whom he had formed. Out of the ground the LORD God made various trees grow that were delightful to look at and good for food, with the tree of life in the middle of the garden and the tree of the knowledge of good and evil. The LORD God then took the man and settled him in the garden of Eden, to cultivate and care for it. The LORD God gave man this order: "You are free to eat from any of the trees of the garden except the tree of knowledge of good and evil. From that tree you shall not eat; the moment you eat from it you are surely doomed to die."

[Ps 104:1-2a, 27-28, 29bc-30](#)

Responsorial Psalm

**R. (1a) O bless the Lord, my soul!**

Bless the LORD, O my soul!

O LORD, my God, you are great indeed!

You are clothed with majesty and glory,  
robed in light as with a cloak.

**R. O bless the Lord, my soul!**

All creatures look to you

to give them food in due time.

When you give it to them, they gather it;

when you open your hand, they are filled with good things.

**R. O bless the Lord, my soul!**

If you take away their breath, they perish  
and return to their dust.

When you send forth your spirit, they are created,  
and you renew the face of the earth.

**R. O bless the Lord, my soul!**

[Mk 7:14-23](#)

Gospel

Jesus summoned the crowd again and said to them, "Hear me, all of you, and understand. Nothing that enters one from outside can defile that person; but the things that come out from within are what

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defile." When he got home away from the crowd his disciples questioned him about the parable. He said to them, "Are even you likewise without understanding? Do you not realize that everything that goes into a person from outside cannot defile, since it enters not the heart but the stomach and passes out into the latrine?" (Thus he declared all foods clean.) "But what comes out of the man, that is what defiles him. From within the man, from his heart, come evil thoughts, unchastity, theft, murder, dultery, greed, malice, deceit, licentiousness, envy, blasphemy, arrogance, folly. All these evils come from within and they defile."

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**THURSDAY**

Reading 1

[Gn 2:18-25](#)

The LORD God said: "It is not good for the man to be alone. I will make a suitable partner for him." So the LORD God formed out of the ground various wild animals and various birds of the air, and he brought them to the man to see what he would call them; whatever the man called each of them would be its name. The man gave names to all the cattle, all the birds of the air, and all the wild animals; but none proved to be the suitable partner for the man. So the LORD God cast a deep sleep on the man, and while he was asleep, he took out one of his ribs and closed up its place with flesh. The LORD God then built up into a woman the rib that he had taken from the man. When he brought her to the man, the man said: "This one, at last, is bone of my bones and flesh of my flesh; this one shall be called 'woman,' for out of 'her man' this one has been taken." That is why a man leaves his father and mother and clings to his wife, and the two of them become one flesh. The man and his wife were both naked, yet they felt no shame.

[Ps 128:1-2, 3, 4-5](#)

Responsorial Psalm

R. (see 1a) **Blessed are those who fear the Lord.**

Blessed are you who fear the LORD,  
who walk in his ways!

For you shall eat the fruit of your handiwork;  
blessed shall you be, and favored.

R. **Blessed are those who fear the Lord.**

Your wife shall be like a fruitful vine  
in the recesses of your home;  
Your children like olive plants  
around your table.

R. **Blessed are those who fear the Lord.**

Behold, thus is the man blessed  
who fears the LORD.

The LORD bless you from Zion:  
may you see the prosperity of Jerusalem  
all the days of your life.

R. **Blessed are those who fear the Lord.**

[Mk 7:24-30](#)

Gospel

Jesus went to the district of Tyre. He entered a house and wanted no one to know about it, but he could not escape notice. Soon a woman whose daughter had an unclean spirit heard about him. She came and fell at his feet. The woman was a Greek, a Syrophenician by birth, and she begged him to drive the demon out of her daughter. He said to her, "Let the children be fed first. For it is not right to take the food of the children and throw it to the dogs." She replied and said to him, "Lord, even the dogs under the table eat the children's scraps." Then he said to her, "For saying this, you may go. The demon has gone out of your daughter." When the woman went home, she found the child lying in bed and the demon gone.

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**FRIDAY**

Reading 1

[Gn 3:1-8](#)

Now the serpent was the most cunning of all the animals that the LORD God had made. The serpent asked the woman, "Did God really tell you not to eat from any of the trees in the garden?" The woman answered the serpent: "We may eat of the fruit of the trees in the garden; it is only about the fruit of the tree in the middle of the garden that God said, 'You shall not eat it or even touch it, lest you die.'" But the serpent said to the woman: "You certainly will not die! No, God knows well that the moment you eat of it your eyes will be opened and you will be like gods who know what is good and what is evil." The woman saw that the tree was good for food, pleasing to the eyes, and desirable for gaining wisdom. So she took some of its fruit and ate it; and she also gave some to her husband, who was with her, and he ate it. Then the eyes of both of them were opened, and they realized that they were naked; so they sewed fig leaves together and made loincloths for themselves. When they heard the sound of the LORD God moving about in the garden at the

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breezy time of the day, the man and his wife hid themselves from the LORD God among the trees of the garden.

[Ps 32:1-2, 5, 6, 7](#)

Responsorial Psalm

R. (1a) **Blessed are those whose sins are forgiven.**

Blessed is he whose fault is taken away,  
whose sin is covered.

Blessed the man to whom the LORD imputes not guilt,  
in whose spirit there is no guile.

R. **Blessed are those whose sins are forgiven.**

Then I acknowledged my sin to you,  
my guilt I covered not.

I said, "I confess my faults to the LORD,"  
and you took away the guilt of my sin.

R. **Blessed are those whose sins are forgiven.**

For this shall every faithful man pray to you  
in time of stress.

Though deep waters overflow,  
they shall not reach him.

R. **Blessed are those whose sins are forgiven.**

You are my shelter; from distress you will preserve me;  
with glad cries of freedom you will ring me round.

R. **Blessed are those whose sins are forgiven.**

[Mk 7:31-37](#)

Gospel

Jesus left the district of Tyre and went by way of Sidon to the Sea of Galilee, into the district of the Decapolis. And people brought to him a deaf man who had a speech impediment and begged him to lay his hand on him. He took him off by himself away from the crowd. He put his finger into the man's ears and, spitting, touched his tongue; then he looked up to heaven and groaned, and said to him, "*Ephphatha!*" (that is, "Be opened!") And immediately the man's ears were opened, his speech impediment was removed, and he spoke plainly. He ordered them not to tell anyone. But the more he ordered them not to, the more they proclaimed it. They were exceedingly astonished and they said, "He has done all things well. He makes the deaf hear and the mute speak."

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**SATURDAY**

Reading 1

[Gn 3:9-24](#)

The LORD God called to Adam and asked him, "Where are you?" He answered, "I heard you in the garden; but

I was afraid, because I was naked, so I hid myself." Then he asked, "Who told you that you were naked? You have eaten, then, from the tree of which I had forbidden you to eat!" The man replied, "The woman whom you put here with me she gave me fruit from the tree, and so I ate it." The LORD God then asked the woman, "Why did you do such a thing?" The woman answered, "The serpent tricked me into it, so I ate it." Then the LORD God said to the serpent: "Because you have done this, you shall be banned from all the animals and from all the wild creatures; On your belly shall you crawl, and dirt shall you eat all the days of your life. I will put enmity between you and the woman, and between your offspring and hers; He will strike at your head, while you strike at his heel." To the woman he said: "I will intensify the pangs of your childbearing; in pain shall you bring forth children. Yet your urge shall be for your husband, and he shall be your master." To the man he said: "Because you listened to your wife and ate from the tree of which I had forbidden you to eat, "Cursed be the ground because of you! In toil shall you eat its yield all the days of your life. Thorns and thistles shall it bring forth to you, as you eat of the plants of the field. By the sweat of your face shall you get bread to eat, Until you return to the ground, from which you were taken; For you are dirt, and to dirt you shall return." The man called his wife Eve, because she became the mother of all the living. For the man and his wife the LORD God made leather garments, with which he clothed them. Then the LORD God said: "See! The man has become like one of us, knowing what is good and what is evil! Therefore, he must not be allowed to put out his hand to take fruit from the tree of life also, and thus eat of it and live forever." The LORD God therefore banished him from the garden of Eden, to till the ground from which he had been taken. When he expelled the man, he settled him east of the garden of Eden; and he stationed the cherubim and the fiery revolving sword, to guard the way to the tree of life.

[Ps 90:2, 3-4abc, 5-6, 12-13](#)

Responsorial Psalm

R. (1) **In every age, O Lord, you have been our refuge.**

Before the mountains were begotten  
and the earth and the world were brought forth,  
from everlasting to everlasting you are God.

R. **In every age, O Lord, you have been our refuge.**

You turn man back to dust,  
saying, "Return, O children of men."

For a thousand years in your sight  
are as yesterday, now that it is past,  
or as a watch of the night.

R. **In every age, O Lord, you have been our refuge.**

You make an end of them in their sleep;  
the next morning they are like the changing grass,

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Which at dawn springs up anew,  
but by evening wilts and fades.

**R. In every age, O Lord, you have been our refuge.**

Teach us to number our days aright,  
that we may gain wisdom of heart.

Return, O LORD! How long?

Have pity on your servants!

**R. In every age, O Lord, you have been our refuge.**

[Mk 8:1-10](#)

Gospel

In those days when there again was a great crowd without anything to eat, Jesus summoned the disciples and said, "My heart is moved with pity for the crowd, because they have been with me now for three days and have nothing to eat. If I send them away hungry to their homes, they will collapse on the way, and some of them have come a great distance." His disciples answered him, "Where can anyone get enough bread to satisfy them here in this deserted place?" Still he asked them, "How many loaves do you have?" They replied, "Seven." He ordered the crowd to sit down on the ground. Then, taking the seven loaves he gave thanks, broke them, and gave them to his disciples to distribute, and they distributed them to the crowd. They also had a few fish. He said the blessing over them and ordered them distributed also. They ate and were satisfied. They picked up the fragments left over—seven baskets. There were about four thousand people. He dismissed the crowd and got into the boat with his disciples and came to the region of Dalmanutha.

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